

DIY Super Hero Capes

Tutorial by Catrina Cook, Featured on PreparingforPeanut.com

Supplies

- * "Gymnastic/Dance fabric", 24"x 20" per cape- the material is stretchy, shiny and most importantly the edges don't fray. I purchased 1.5 yards to get 6 toddler capes.
- * Light-weight cotton material for the circle. The circles were 12" in diameter but if I could do it over I would make them smaller...like 9" each.
- * Contrasting light weight cotton material for the letters. The letters were approximately 8" each at the largest dimension.
- * Wonder Under. I got one roll (5 yards) and it was barely enough for 12 capes. Be safe, get an extra roll!!)
- * Felt – 15"x4" strip per cape.
- * Velcro, 1.5" per cape (*sticky or non-sticky both work fine.*)



Instructions

Iron the Wonder Under to the circle and letter fabric. When I did this my fabric wrinkled, however the wrinkles came out once I ironed the fabrics together. Next, cut out all of your pieces. I was not exact with any of my measurements, except for the circles and letters which I used a Silhouette Cameo to cut the fabric. This was a huge time saver and made perfect circles.

(Note: Be aware that felt or fuzzy fabric does not cut well on a Silhouette Cameo machine...like not at all. But you can use the Silhouette to cut out letters using the font of your choice on chip board or card stock, then pin on to your fabric and cut around for a beautiful finished product.)

Once everything was cut out, I ironed on the circles followed by the letters to the cape fabric. It was necessary to go over this for a few minutes per piece. I was concerned about the cape fabric melting—since it looks like the type of material that would—but I didn't have any problems. I started out with my iron on medium but moved it to hot when no melting occurred.

TIP: The edges need more iron time.

TIP: Lay the fabric flat after ironing. If I laid the folded, the circle would pull away. If you have extra time (I did not) sewing around the circle will help secure it and better define the edge.

Next, I pinned the cape fabric between the felt strip..this was by no means an exact science. I tried to "scrunch" (*technical term*) the fabric so it rested in the middle of the felt strip with an equal amount of fabric on each side of the middle line; probably around 4" on each side. This was a bit of a challenge since the cape fabric is a little slippery, but it made a cute "gathered" look as opposed to just flat.

After it was pinned I ran a single line of stitching through the felt. It is little on the thick side but my machine did fine (and I do not have a fancy sewing machine by any means). I used a zig zag stitch because I wanted to use something that would catch the fabric.

Cut strips of velcro about 1.5" long. Attach to the end of the felt. I bought sticky Velcro in hopes of not having to sew it to the felt, but was not please with it's "stickiness" so I ran a quick line of stitches through it.

Overall it was very easy and I am NOT an experienced seamstress by any means. The capes were easy for the kids to get on and off and they all seemed to enjoy being super heros!